



Breastfeeding Basics for NICU and PICU Healthcare Professionals

October 24th, 2025
11:00am - 1:15pm CST

Agenda

11:00am-12:00pm	Basics of Breastfeeding for NICU-PICU Staff	Objectives: 1. Identify maternal child risks of not breastfeeding 2. Describe the hormonal control of lactation 3. Explain how to set up a pump for a new mother in the NICU 4. Explain strategies for NICU mothers to establish and maintain milk expression.
12:00-12:15pm	Break	
12:15-1:15pm	Basics of Breastfeeding for NICU-PICU Staff	Objectives: 1. Describe the difference between fresh and frozen mother's-own milk, and donor milk 2. Identify psychosocial barriers to providing mother's own milk 3. Identify risk factors for low milk production 4. Explain how to prepare breastmilk for feeding a baby in the NICU 5. Explain how to counsel a new mother on personal pump choice and use. 6. Recite evidence-based resources for medication use during lactation

Speakers:

Stephanie Attarian MD, IBCLC, FABM
Leigh Campbell MD, NABBLM-C, IBCLC, FABM
Anne Eglash MD, NABBLM-C, IBCLC, FABM
Jeannette Prentice MD
Liliana Simon MD, NABBLM-C, IBCLC, FABM
Vanessa Shanks MD, IBCLC