

# EDUCATIONAL RESOURCES FOR BUILDING CURRICULUM

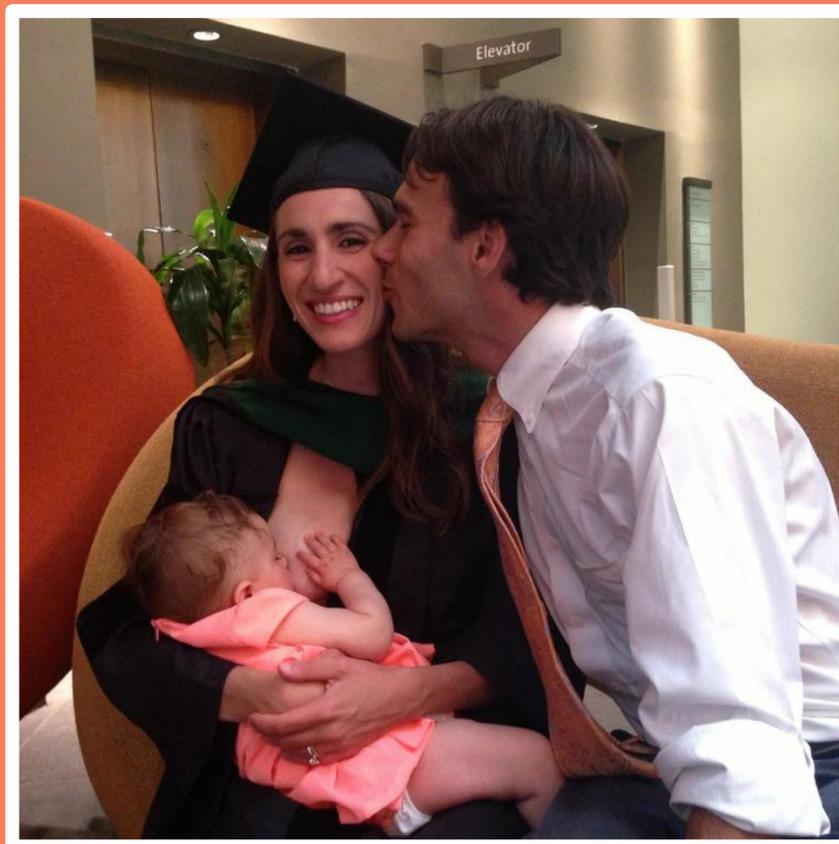
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# DISCLOSURES

I have no actual or potential  
conflict of interest in relation to  
this presentation.



# OBJECTIVE

Identify key resources for  
breastfeeding medicine curricula



# WHAT ARE YOU LOOKING FOR?

- Readings
- Videos
- Interactive
- Resources



# HOW WILL YOU USE THEM?

- Readings
- Videos
- Interactive
- Resources



# ABM PROTOCOLS



ACADEMY OF  
**Breastfeeding  
Medicine®**

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## Welcome to the Academy of Breastfeeding Medicine

A Worldwide Organization of Medical Doctors Dedicated to Educating Health Professionals to Support and Manage Breastfeeding, Lactation, and Breastfeeding. Support Better Care for Families Join Our Community of Breastfeeding Medicine Professionals.

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# HOW TO USE? ABM PROTOCOLS

- Independent assigned readings
- Case-based references
- Pick protocols based on setting & relevance - outpatient primary care, L&D, NICU, etc.
- Consider not only providing a copy of the protocol, but having the learner access the protocol online so they are aware of other protocols available to them as a resource!



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# Breastfeeding Medicine



Celebrating 20 Years

[www.liebertpub.com/bfm](http://www.liebertpub.com/bfm)

Mary Ann  
Liebert

# BREASTFEEDING MEDICINE

Providing unparalleled peer-reviewed research, protocols, and clinical applications to ensure optimal care for mother and infant



# HOW TO USE?

## BREASTFEEDING MEDICINE JOURNAL

- Journal Clubs
- Accessibility when part of a larger health system



# STANFORD MEDICINE



**Stanford**  
**MEDICINE**

Newborn Nursery  
*at Lucile Packard Children's Hospital*

*Excellent Care from the Moment of Birth*

Professional Education

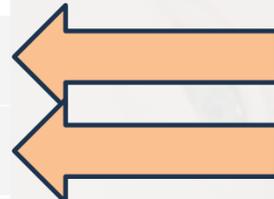
Clinical Guidelines

Clinical Rotations

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## Professional Education >

Photo Gallery



Breastfeeding



Jaundice and Phototherapy



Newborn Screen

Hearing Screen

Circumcision



Frenotomy

Drug-Exposed Infants



Newborn Nursery



# HOW TO USE?

## STANFORD MEDICINE NEWBORN PHOTO GALLERY

- Teach physical exam findings when not in front of you
- Introduction on what to anticipate before seeing real patients
- Self-guided study
- Can use for educational purposes - **\*\*cite the source!\*\***



# LACTMED DATABASE



National Library of Medicine  
National Center for Biotechnology Information

Bookshelf

Books



[Browse Titles](#) [Advanced](#)



## Drugs and Lactation Database (LactMed®)

< Prev

Next >

Bethesda (MD): [National Institute of Child Health and Human Development](#); 2006-.

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Search this book

The LactMed® database contains information on drugs and other chemicals to which breastfeeding mothers may be exposed. It includes information on the levels of such substances in breast milk and infant blood, and the possible adverse effects in the nursing infant. Suggested therapeutic alternatives to those drugs are provided, where appropriate. All data are derived from the scientific literature and fully referenced. A peer review panel reviews the data to assure scientific validity and currency.



# HOW TO USE?

## LACTMED DATABASE

- Resource can be introduced in pre-clinical curriculum during pharmacology
  - Opportunity to discuss methods of drug absorptive, distribution, pharmacokinetics, relative infant dose, risks to milk production
- Real patient encounters --- learner has to check database to answer questions
- Learners in outpatient setting, emergency room, urgent care



# E-LACTANCIA



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EN



22  
Shares



## Is it compatible with breastfeeding?

Check the compatibility of Breastfeeding with  
41,214 terms

Some examples: [Ibuprofen](#), [Couldina](#), [Goji berries](#), [Phytotherapy](#).

Last update: Nov. 19, 2025, 4:55 a.m. (CET)



# HOW TO USE?

## E-LACTANCIA

- Similar to LactMed ---
  - Also includes supplements/herbs
  - Real patient encounters --- learner has to check database to answer question
  - Learners in outpatient setting, emergency room, urgent care



# AAP BREASTFEEDING CURRICULUM

American Academy  
of Pediatrics



DEDICATED TO THE HEALTH OF ALL CHILDREN®

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## Breastfeeding Curriculum

PediaLink®: AAP Education — Where Knowledge Thrives / Breastfeeding Curriculum

## Breastfeeding Curriculum

### Why use this curriculum?

- Breastfeeding is best for the health of infants and mothers.
- As more mothers are choosing to breastfeed, more physicians need to have the skills to support them.
- Being able to successfully handle any issue related to breastfeeding leads to a stronger doctor-patient bond, and better outcomes.
- When families get the help they need, the more we reduce health disparities that impact infants from the start.

Feedback Form



# AAP

# BREASTFEEDING

# CURRICULUM

## The Breastfeeding Curriculum

Select a curriculum topic below to get started.



### Medical Knowledge

Learners will understand the anatomy of the breast, the physiology of lactogenesis and the challenges of breastfeeding.



### Patient Care

Learners will be able to educate families about breastfeeding, provide peripartum breastfeeding support for routine care and common problems, recognize and be able to address breastfeeding challenges and special



### System Based Practice

Learners will be able to coordinate services with other professionals, laypersons and community groups, consistent with an interprofessional and team-based approach to care.

Feedback Form



### Practice Based Learning

Learners will investigate breastfeeding rates, identify and describe site-specific disparities in breastfeeding rates and implement a quality improvement project on breastfeeding rates.



### Interpersonal Communication Skills

Learners will communicate effectively with patients, families and other medical providers regarding breastfeeding.

Feedback Form



# AAP BREASTFEEDING CURRICULUM

## Breastfeeding Curriculum: Patient Care

[PediaLink®: AAP Education — Where Knowledge Thrives](#) / [Breastfeeding Curriculum](#) / Breastfeeding Curriculum: Patient Care



### Patient Care

#### Goal A

Learners will be able to educate families about breastfeeding.



Begin Goal A

#### Goal B

Learners will be able to provide peripartum breastfeeding support for routine care and common problems.

Begin Goal B

#### Goal C

Learners will recognize and be able to address breastfeeding challenges and special situations after discharge and throughout infancy.

Begin Goal C

#### Goal D

Learners will understand the unique needs of LGBTQ+ families as it relates to infant feeding.

Begin Goal D



# HOW TO USE?

## AAP BREASTFEEDING CURRICULUM

- Independent work
- Breastfeeding Medical Knowledge -
  - Videos are short
  - Clinical Case Studies add up – at least several hours
- A LOT of information, module based, no guidelines on how long to complete all material on there.



# PHYSICIAN GUIDE to *breastfeeding*

Evidence-based breastfeeding guidance  
for families and the communities that  
support them



# HOW TO USE?

PHYSICIAN GUIDE  
to breastfeeding

LACTATION ▾

GO WITH THE FLOW

RESOURCES ▾

POSTPARTUM ▾

NIPPLE CARE ▾

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Search...



Prenatal Education Booklet

Prenatal Education Booklet in Spanish

Postpartum Support Guide

Video Resources

Helpful Links

Good Books

Handouts

Things I Love

Medical Publications

TO  
PGTB



Evidence-based breast

# HOW TO USE?

## Breastfeeding Videos and Other Video Resources

### Jump to...

- [1. Treatment of Idiopathic Granulomatous Mastitis \(IGM\)](#)
- [2. Newborn Self-Latching](#)
- [3. Baby Doing "Chippy" \(Lips Quivering\) Non-Nutritive Sucking](#)
- [4. Mild Laryngomalacia \(Baby Squeaking\)](#)
- [5. Baby Gulping in Mom with Hyperlactation](#)
- [6. Lymphatic Drainage for the Breast During Pregnancy and Lactation](#)
- [7. Clinical Breast Exam](#)
- [8. In-office Management of Lactational Abscess: Utilization of Stab Incision and Penrose Drain](#)
- [9. In Office Abscess Drainage - The Tone Should be Relaxed!](#)
- [10. Hand Expression of Breastmilk](#)



# HOW TO USE?

PHYSICIAN GUIDE  
to *breastfeeding*

LACTATION ▾

GO WITH THE FLOW

RESOURCES ▾

POSTPARTUM ▾

NIPPLE CARE ▾

ABOUT ▾

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- **Videos** more useful to work into a structured curriculum
- Other tabs - SO MUCH GOOD INFORMATION, readable, probably more useful in a case-based look-up type resource, doesn't quite read like a textbook
- Very clinical





# ***IABLE***

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**Institute for the Advancement  
of Breastfeeding &  
Lactation Education**

***Lacted.org***

# HOW TO USE?



## 1 Day Primary Care Breastfeeding Medicine Course for Physicians and Other Providers – eCourse

- 7.5-hour basic breastfeeding training
- Especially suitable for medical students and residents during a breastfeeding medicine elective or rotations involving lactating dyads.
- IABLE is happy to arrange invoicing for academic departments or other institutions that would like to cover groups of physicians/providers or students/physicians in training.



- **Memberships**
- **Topic-specific e-courses**
- **Core Content**
- **Deep Dive**
- **Opportunity for Case Presentations**
- **Handouts (learn by educating patients)**



# **WHAT ARE YOU LOOKING FOR... ...AND HOW YOU WILL USE THEM**

- **Target Learner**
- **Learning Objective**
- **Context (lecture, self-study, problem-based learning, patient case)**
- **Teaching, and modeling, how to be a lifelong learner**



# REFERENCES

- Academy of Breastfeeding Medicine
- American Academy of Pediatrics Breastfeeding Curriculum
- Breastfeeding Medicine
- E-lactancia
- LactMed Database
- Physician's Guide to Breastfeeding
- Stanford Medicine Newborn Photo Gallery



# THANK YOU

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