



IABLE
Institute for the Advancement
of Breastfeeding &
Lactation Education

Hot Topics in Breastfeeding & Lactation Medicine

Albuquerque, New Mexico

Wednesday-Friday, November 11-13th, 2026

Agenda – Mountain Time

Wednesday, Nov. 11th, 2026

8:15-9:00am	Coffee/tea (breakfast included with room)
9:00-10:30am	Journal Club
10:30-12:00pm	What's new in Research 2025-2026?
12:00-1:15pm	Lunch (included)
1:15-2:15pm	Amara Finch MD- Measuring infant suck behavior
2:15-3:30pm	Balint Group
6:00pm+	Group Evening Activity

Thursday, Nov. 12th, 2026

8:15-9:00am	Coffee/tea (breakfast included with room)
9:00-10:00am	Infographic workshop (creating layouts for effective patient education via infographics)
10:30-12:00pm	Julie Patterson PhD- Weight Loss during Lactation
12:00-1:15pm	Lunch
1:15-2:15pm	Infographic presentations
2:15-3:15pm	Kaytlin Krutsch PhD, PharmD, MBA, BCPS – New insights into drug transporters into breastmilk
6:00pm+	Group Evening Activity

Friday, Nov 13th, 2026

8:15-9:00am	Coffee/tea (breakfast included with room)
9:00-10:30am	Meghan Azad PhD- Gut microbiome
10:30-10:45am	Break
10:45-12:00pm	Constructing & using breast pump gauges
12:00-12:30pm	Break/Lunch & Socialization
12:30-3:00pm	Ultrasound Basics – Ofri Hayosh, MD, IBCLC