



IABLE Parental and Infant Health During Lactation

Friday, August 28, 2026

8:30am – 4:30pm EST / 7:30am – 3:30pm CST

Agenda - Times are EST

8:30-9:30am	Anne Eglash MD, NABBLM-C, IBCLC	Eatin' at Home - How the Parental Diet Affects Milk Quality
9:30-9:45am	Break	
9:45am-10:45am	Julie Patterson PhD, MBA, RDN, LDN	Parental Weight Concerns During Lactation
10:45-11:00am	Break	
11:00-12:00pm	Janean Wedeking DO, NABBLM-C, IBCLC	Maternal Chronic Diseases During Lactation
12:00-1:00pm	Lunch	
1:00-2:00pm	Anne Eglash MD, NABBLM-C, IBCLC	Infant GI disorders during lactation
2:00-2:15pm	Break	
2:15-3:15pm	Liliana Simon MD, NABBLM-C, IBCLC, FABM	Infant Medical Conditions During Lactation
3:15-3:30pm	Break	
3:30-4:30pm	Lisa Credo MD, NABBLM-C, IBCLC	Slow Infant Growth During Lactation

Question and Answer will be encouraged throughout the entirety of the course

