



## Lactation and Perinatal Mood and Anxiety Disorders

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*The IABLE Lactation and Perinatal Mood and Anxiety Disorders (PMADs) Conference is designed for individuals who work directly with breastfeeding and lactating dyads. We are more capable of caring for lactating individuals if we have the skills to understand how PMADs affect lactation and vice versa. We anticipate that participants will gain confidence in addressing and screening parents for PMADs, and understanding how lactation care recommendations must accommodate mental health needs.*

***The Institute for the Advancement of Breastfeeding and Lactation Education***

# Lactation and Perinatal Mood and Anxiety Disorders

Friday, June 17<sup>th</sup>, 2022

9:00am –5:00pm CST

## Agenda

9:00-9:15 am	Introductions	
9:15-10:30 am	The Intersection of PMADs with Lactation	Katrina Mitchell, MD, IBCLC, PMH-C
10:30-11:15 am	Adverse Childhood Experiences, Trauma, and Lactation	Laura Miller-Graff PhD
11:15-11:30 am	Break	
11:30am - 12:30pm	Integrative Health in PMADs	Michelle Haggerty, DO, IBCLC
12:30-1:15 pm	Lunch	
1:15-2:15 pm	The Pediatrician's Role in Supporting Maternal Child Mental Health	Natasha K. Sriraman MD, MPH, FAAP, FABM
2:15-2:45 pm	The Concept of "Holding" in Lactation Care	Katrina Mitchell, MD, IBCLC, PMH-C
2:45-3:00 pm	Break	
3:00-4:00 pm	Psychopharmacologic Considerations in Lactation	Christina Wichman DO
4:00-5:00pm	Mental Health Care in LGBTQI in the Perinatal Period	Elizabeth Collins MD and Lauren Abern MD

## Accreditation

### CME

The AAFP has reviewed Lactation and Perinatal Mood and Anxiety Disorders and deemed it acceptable for up to 6.25 Live AAFP Prescribed credits. Term of Approval is from 06/17/2022 to 06/17/2022. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

### CERP

This course has been allocated 6.25 (L) CERPs recognized by IBLCE. Long Term Provider #117-04. IABLE has been accepted by International Board of Lactation Consultant Examiners® (IBLCE®) as a CERP Provider for the listed Continuing Education Recognition Points (CERPs) programme. Determination of CERPs eligibility or CERPs Provider status does not imply IBLCE®'s endorsement or assessment of education quality. INTERNATIONAL BOARD OF LACTATION CONSULTANT EXAMINERS®, IBLCE®, INTERNATIONAL BOARD CERTIFIED LACTATION CONSULTANT®, and IBCLC® are registered marks of the International Board of Lactation Consultant Examiners.



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Building  
Breastfeeding-Knowledgeable  
Medical Systems & Communities