# Expanding Horizons in Breastfeeding and Lactation Support Webinar

# Presented by



With Instructors

Anne Eglash MD, IBCLC, FABM Katrina Mitchell MD, IBCLC, PMH-C JoAnn Allen MSN, RnC-MNN, IBCLC

> Friday, February 25, 2022 8:30am - 5:00pm CST

#### This course will be conducted via webinar

Cost: \$75.00 earlybird through 1/21/22 \$90.00 regular

Reserve Your Seat to Attend Live or Access the Recording.

Recordings will be available for 1 year.

Registration: https://lacted.org/exhzn202202

#### Participants Will Be Able to Meet the Following Learning Outcome

Attendees will gain knowledge and confidence in evidence based care for breastfeeding problems that frequently arise related to breast pump use, low milk production, peripartum mood and anxiety disorders, racial inequity, breast pain, and herbal use during lactation.

Cancellation Policy: Full refund up to 2 weeks before course. 50% refund for less than 2 weeks before course.

This course is beneficial for individuals who provide counseling and care management of lactating dyads.

# **Event Details**

#### **Schedule**

The course will be held from 8:30am – 5:00pm CST on Friday, February 25, 2022. You will be able to log into the webinar beginning at 8:20am. We plan to start promptly at 8:30am.

#### Webinar

The course will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the event.

#### **Instructors**

Anne Eglash MD, IBCLC, FABM Katrina Mitchell MD, IBCLC, PMH-C JoAnn Allen MSN, RnC-MNN, IBCLC

#### Resources

We have setup a web page to provide downloadable lecture notes, an agenda, and other details about the event. You will receive a link to this page in your email upon registration. It will also be linked from your IABLE Account orders page.

#### **Continuing Education Credits**

This nursing continuing professional development activity was approved by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 6.75 contact hours are awarded to Registered Nurses for successful completion.

This course has been allocated 6.75(L) CERPs recognized by IBLCE. Long Term Provider #117-04.

The Commission on Dietetic Registration has awarded Prior Approval of a maximum of 6.75 CPEUs for Activity No. 167197. Suggested Performance Indicator 9.4.2 Selects and uses appropriate content and teaching methods to meet individual needs.

Agenda follows on next page.

If you have any questions, please contact us via our website.

# Expanding Horizons in Breastfeeding and Lactation Support Webinar Friday, February 25<sup>th</sup>, 2022. 8:30am-5:00pm CST

# **Agenda**

# **Morning Session**

8:15-8:30am	Introductions	
8:30-9:30am		Top Research Articles for 2021- Anne
		Eglash MD, IBCLC, FABM
9:30-10:30am		Prenatal Counseling for the Parent with
		a History of Low Milk Production- Anne
		Eglash MD, IBCLC, FABM
10:30-	Break	
10:45am		
10:45-		Peripartum Mood and Anxiety Disorders
11:45am		Katrina Mitchell MD, IBCLC, PMH-C

## 11:45am-12:45pm - Lunch

### **Afternoon Session**

12:45-1:45pm		Changing the Narrative to Improve Equitable Care while Supporting the Power of Breastfeeding in Black
		Communities Jo Ann Allen MSN RNC-MMN, IBCLC
1:45-2:30pm		Pump Demonstrations- <i>Anne Eglash MD, IBCLC, FABM</i>
2:30-2:45pm	Break	
2:45-3:45pm		Evaluation of Nipple and Breast Pain-
		Case Based Learning- Katrina Mitchell MD, IBCLC, PMH-C
3:45-4:00pm	Break	
4:00-5:00pm		That's In My Kitchen! - Foods and Herbs
		as Galactogogues and Lactation
		Suppressants- <i>Anne Eglash MD, IBCLC,</i> FABM