

# Exclusive Pumping Webinar

*Presented by*



**IABLE**  
Institute for the Advancement  
of Breastfeeding &  
Lactation Education

*With Instructor*

**Anne Eglash MD, IBCLC, FABM**

**Friday, September 22<sup>nd</sup>, 2023**

**9:30am – 3:30pm CST**

**This course will be conducted via webinar**

Registration: <https://lacted.org/expump202309>

## **Participants Will Be Able to Meet the Following Learning Outcomes:**

1. Identify basic features of pumps and review of general guidelines on the use of any pump.
2. Discuss underlying reasons for low milk production in those who exclusively pump, and strategies to help improve production.
3. Explain why exclusive pumping can increase the risk of over production and how over production can lead to complications of lactation.
4. Identify reasons for breast and nipple pain that are unique to those who exclusively pump.

## **Continuing Education Credits**

**LCERPs:** This course has been allocated 4.5 (L) CERPs recognized by IBLCE. Long Term Provider #117-04.

**CMEs:** The AAFP has reviewed Exclusive Pumping, and deemed it acceptable for 4.5 Prescribed AAFP credits. Term of approval is from 04/21/2023 to 04/20/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)<sup>™</sup> toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

According to the American Nurses Credentialing Center (ANCC), the continuing education hours approved by the AAFP and AMA PRA Category 1 Credits<sup>™</sup> meet the requirement of formally approved continuing education hours and may be used as such for ANCC Certification renewal. <https://www.nursingworld.org/certification/faqs/>

**Cancellation Policy: Full refund up to 2 weeks before course. 50% refund for less than 2 weeks before course.**

This course is beneficial for individuals who provide counseling and care management of lactating dyads.

# Event Details

## **Schedule**

The course will be held from 9:30am – 3:30pm CST on Friday, September 22<sup>nd</sup>, 2023. You will be able to log into the webinar beginning at 9:20am. We plan to start promptly at 9:30am CST.

## **Webinar**

The course will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the event.

## **Instructor**

Anne Eglash MD, IBCLC, FABM

## **Resources**

We have setup a web page to provide downloadable lecture notes, an agenda, and other details about the event. You will receive a link to this page in your email upon registration. It will also be linked from your IABLE Account Orders page.

Agenda follows on next page.

If you have any questions, please [contact us via our website](#).

# Exclusive Pumping

Friday, September 22, 2023. 9:30am-3:30pm CST

## Agenda

### Morning Session

9:30-9:45am	Introductions
9:45-11:15am	A Tour of Breast Pumps- <i>Anne Eglash MD, IBCLC, FABM</i>
11:15-11:30am	Break
11:30-12:45pm	Low Milk Production for the Exclusively Pumping Parent- <i>Anne Eglash MD, IBCLC, FABM</i>
12:45-1:30pm	Over Production of Milk for the Exclusively Pumping Parent- <i>Anne Eglash MD, IBCLC, FABM</i>

### 1:30pm-2:30pm - Lunch

### Afternoon Session

2:30-3:30pm	Breast/nipple Pain, Inflammation, Breast Infections Among the Exclusively Pumping Parent- <i>Anne Eglash MD, IBCLC, FABM</i>
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