

Outpatient Breastfeeding ChampionSM Webinar

presented by



IABLE
Institute for the Advancement
of Breastfeeding &
Lactation Education

with instructors

**Anne Eglash MD, IBCLC, FABM
and Melissa Thompson BSN, RN, IBCLC**

**Tuesdays, April 12, 19, 26, May 3, & 10th, 2022
8:30 – 11:45 am EST Each Day**

This Course will be Conducted Online

Register at <https://lacted.org/shop/obc202204>

Participants Will Be Able to Meet the Following Learning Outcome:

Attendees will gain knowledge and confidence in evidence-based care for common lactation questions and concerns.

Continuing Education Credits

RN: This nursing continuing professional development education activity was approved by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. A maximum of 14.5 contact hours are awarded to Registered Nurses for successful completion.

IBCLC: This course has been allocated a maximum of 14.5 (L) Continuing Education Recognition Points (CERPs) by IBLCE. CERPs approval #CLT117-04.

RD: The Commission on Dietetic Registration has awarded Prior Approval of a maximum of 14.5 CPEUs for Activity No. 159678. Suggested Performance Indicator 9.4.2 Selects and uses appropriate content and teaching methods to meet individual needs.

**Cancellation Policy: Full refund minus a \$35 fee up to 2 weeks before course.
50% refund for less than 2 weeks before course.**

*This course is beneficial for RNs, APNs, dietitians, physicians, physician assistants, nurse practitioners, speech therapists, occupational therapists, physical therapists, health professional students and others who provide clinical lactation support.

Event Details

Schedule

The training will be held from 8:30 – 11:45am EST on Tuesdays, April 12, 19, 26, May 3, & 10th, 2022. You will be able to log into the webinar beginning at 8:20am. We plan to start promptly at 8:30am.

Webinar

The course will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the course.

Misc

Please have a doll or a stuffed animal to practice latch and positioning on the first day of the Outpatient Breastfeeding Champion Training Course.

Instructors

Anne Eglash MD, IBCLC, FABM

Melissa Thompson BSN, RN, IBCLC

Lecture Notes and Webinar Resources

We have setup a web page to provide downloadable lecture notes, worksheets, an agenda, and other details about the event. You will receive a link to this page in your email upon registration. It will also be linked from your IABLE Account orders page.

Curriculum Booklet

A full color curriculum booklet will be provided for the course and mailed to the address provided during registration. This booklet does not substitute for the PowerPoint lecture notes. It is designed to be used as a desk reference, for individuals who are providing telephone support, or for those who provide home visitation.

Please see the agenda on the next page.

If you are from West Virginia and would like to request a free or reduced price registration, please use this contact form.



Outpatient Breastfeeding ChampionSM Course Agenda

Tuesdays, April 12, 19, 26, May 3, & 10th, 2022. 8:30am - 11:45am EST.

April 12th

8:30-10:00am	Session 1	Components of Breastmilk, Risks of not Breastfeeding, Contra-indications, Prenatal Counseling, Counseling the Mother
10-10:15	Break	
10:15-11:45	Session 2	Anatomy of Lactating Breast, Physiology of Milk Production, Positioning and Defining a Feeding

April 19th

8:30-9:00am	Session 2	Anatomy of Lactating Breast, Physiology of Milk Production, Positioning and Defining a Feeding cont'd
9:00-10:00	Session 3	Getting off to a Great Start, Support the First Week
10:00-10:15	Break	
10:15-11:00	Session 3	Getting off to a Great Start, Support the First Week cont'd
11:00-11:45	Session 4	Sore Nipples and Breasts in the Lactating Woman

April 26th

8:30-9:45am	Session 4	Sore Nipples and Breasts in the Lactating Woman cont'd
9:45-10:00	Break	
10:00-11:45	Session 5	Slow Weight Gain, Low Milk Supply

May 3rd

8:30-9:45am	Session 5	Slow Weight Gain, Low Milk Supply cont'd
9:45-10:00	Break	
10:00-11:45	Session 6	Non-latching Baby, Baby who is Fussy at breast, Complementary Feeding, Weaning

May 10th

8:30-8:45am	Session 6	Non-latching Baby, Baby who is Fussy at breast, Complimentary Feeding, Weaning cont'd
8:45-10:00	Session 7	Manual Breast Expression, Breast Pumps, Milk Storage, Return to Work
10:00-10:15	Break	
10:15-10:45	Demo	Pump Demonstration
10:45-11:45	Session 8	Maternal Medications & Breastfeeding, Cases in Counseling Breastfeeding Mothers

