

Outpatient Breastfeeding ChampionSM Webinar

presented by



IABLE

Institute for the Advancement
of Breastfeeding &
Lactation Education

with instructors

**Anne Eglash MD, IBCLC, FABM,
Kristina Lehman MD, IBCLC, FABM,
and Rebecca Rudesill MD, IBCLC**

**Wednesdays, June 14 & 21, 2023
8:15am – 5:00pm EST Each Day**

This Course will be Conducted Online

Register at <https://lacted.org/shop/obc202306wv>

Participants Will Be Able to Meet the Following Learning Outcome:

Attendees will gain knowledge and confidence in evidence-based care for common lactation questions and concerns.

Continuing Education Credits

CMEs: The AAFP has reviewed The Outpatient Breastfeeding Champion Course and deemed it acceptable for up to 14.50 Live AAFP Prescribed credits. Term of Approval is from 02/14/2023 to 02/13/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IBCLC: This course has been allocated a maximum of 14.5 (L) Continuing Education Recognition Points (CERPs) by IBLCE. CERPs approval #CLT117-04.

RD: The Commission on Dietetic Registration has awarded Prior Approval of 14.5 CPEUs for Activity No. 172718 Suggested Performance Indicator(s) 4.1.2; 8.2.1; and 9.3.3.

RNs: All state boards for nursing licensure approve of educational offerings that are approved by the American Nursing Credentialing Center (ANCC). According to ANCC Certification, the continuing education hours approved by the AAFP and AMA PRA Category 1 Credits™ meet the requirement of formally approved continuing education hours and may be used as such for ANCC Certification renewal. <https://www.nursingworld.org/certification/faqs/>

**Cancellation Policy: Full refund minus a \$35 fee up to 2 weeks before course.
50% refund for less than 2 weeks before course.**

*This course is beneficial for RNs, APNs, dietitians, physicians, physician assistants, nurse practitioners, speech therapists, occupational therapists, physical therapists, health professional students and others who provide clinical lactation support.

Event Details

Schedule

The course will be held from 8:15am – 5:00pm EST on Wednesdays, June 14 & 21, 2023. You will be able to log into the webinar 10 minutes prior to start time. We plan to start promptly.

Webinar

The course will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the course.

Misc

Please have a doll or a stuffed animal to practice latch and positioning on the first day of the Outpatient Breastfeeding Champion Training Course.

Instructors

Anne Eglash MD, IBCLC, FABM

Kristina Lehman MD, IBCLC, FABM

Rebecca Rudesill MD, IBCLC

Lecture Notes and Webinar Resources

We have setup a web page to provide downloadable lecture notes, worksheets, an agenda, and other details about the event. You will receive a link to this page in your email upon registration. It will also be linked from your IABLE Account orders page.

Curriculum Booklet

A full color curriculum booklet will be provided for the course and mailed to the address provided during registration. This booklet does not substitute for the PowerPoint lecture notes. It is designed to be used as a desk reference, for individuals who are providing telephone support, or for those who provide home visitation.

Please see the agenda on the next page.



Outpatient Breastfeeding ChampionSM Course Agenda

Wednesdays, June 14, 2023 8am-5pm EST and June 21, 2023 8:15am-5pm EST

June 14

8:00-8:15am		Welcome and Introductions
8:15-9:45am	Session 1	Components of Breastmilk, Risks of not Breastfeeding, Contraindications, Prenatal Counseling, Counseling the Lactating Parent
9:45-10:00am	Break	
10:00-12:15pm	Session 2	Anatomy of Lactating Breast, Physiology of Milk Production, Positioning and Defining a Feeding
12:15-1:00pm	Lunch break	
1:00-2:45pm	Session 3	Getting off to a Great Start, Support the First Week
2:45-3:00pm	Break	
3:00-5:00pm	Session 4	Sore Nipples and Breasts during Lactation

June 21

8:15-10:00am	Session 5	Slow Weight Gain, Low Milk Production
10:00-10:15am	Break	
10:15-11:15am	Session 5	Slow Weight Gain, Low Milk Production
11:15-12:15pm	Session 6	Non-latching Baby, Baby who is Fussy at breast, Complementary Feeding, Weaning
12:15-1:00pm	Lunch Break	
1:00-2:00pm	Session 6	Non-latching Baby, Baby who is Fussy at breast, Complementary Feeding, Weaning
2:00-3:00pm	Session 7	Manual Breast Expression, Breast Pumps, Milk Storage, Return to Work
3:00-3:15pm	Break	
3:15-3:45pm	Demo	Pump Demonstration
3:45-5:00pm	Session 8	Medications During Lactation, Cases in Counseling Lactating Parents

