

# Expanding Horizons in Breastfeeding and Lactation Support Webinar

*Presented by*



**IABLE**  
Institute for the Advancement  
of Breastfeeding &  
Lactation Education

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*With Instructors*

**Anne Eglash MD, IBCLC, FABM**  
**Katrina Mitchell MD, IBCLC, PMH-C**  
**JoAnn Allen MSN, RnC-MNN, IBCLC**

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**Friday, August 12<sup>th</sup>, 2022**

**7:30am - 4:00pm CST / 8:30am – 5:00pm EST**

**This course will be conducted via webinar**

**Cost: \$100.00**

Registration: <https://lacted.org/exhzn20220812>

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## **Participants Will Be Able to Meet the Following Learning Outcome:**

Attendees will gain knowledge and confidence in evidence based care for breastfeeding problems that frequently arise related to breast pump use, low milk production, peripartum mood and anxiety disorders, racial inequity, breast pain, and herbal use during lactation.

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## **Continuing Education Credits**

This nursing continuing professional development activity was approved by the Wisconsin Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. 6.75 contact hours are awarded to Registered Nurses for successful completion.

This course has been allocated 6.75(L) CERPs recognized by IBLCE. Long Term Provider #117-04.

The Commission on Dietetic Registration has awarded Prior Approval of a maximum of 6.75 CPEUs for Activity No. 167197. Suggested Performance Indicator 9.4.2 Selects and uses appropriate content and teaching methods to meet individual needs.

**Cancellation Policy: Full refund up to 2 weeks before course. 50% refund for less than 2 weeks before course.**

This course is beneficial for individuals who provide counseling and care management of lactating dyads.

# Event Details

## **Schedule**

The course will be held from 7:30am – 4:00pm CST (8:30am – 5:00pm EST) on Friday, August 12<sup>th</sup>, 2022. You will be able to log into the webinar beginning at 7:20am. We plan to start promptly at 7:30am CST.

## **Webinar**

The course will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the event.

## **Instructors**

Anne Eglash MD, IBCLC, FABM

Katrina Mitchell MD, IBCLC, PMH-C

JoAnn Allen MSN, RnC-MNN, IBCLC

## **Resources**

We have setup a web page to provide downloadable lecture notes, an agenda, and other details about the event. You will receive a link to this page in your email upon registration. It will also be linked from your IABLE Account orders page.

Agenda follows on next page.

If you have any questions, please [contact us via our website](#).

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Friday, August 12<sup>th</sup>, 2022. 7:30am-4:00pm CST**

**Agenda**

**Morning Session**

7:15-7:30am	Introductions
7:30-8:30am	Top Research Articles for 2021- <i>Anne Eglash MD, IBCLC, FABM</i>
8:30-9:30am	Prenatal Counseling for the Parent with a History of Low Milk Production- <i>Anne Eglash MD, IBCLC, FABM</i>
9:30-9:45am	Break
9:45-10:45am	Peripartum Mood and Anxiety Disorders <i>Katrina Mitchell MD, IBCLC, PMH-C</i>

**10:45am-11:45pm - Lunch**

**Afternoon Session**

11:45-12:45pm	Changing the Narrative to Improve Equitable Care while Supporting the Power of Breastfeeding in Black Communities <i>Jo Ann Allen MSN RNC-MMN, IBCLC</i>
12:45-1:30pm	Pump Demonstrations- <i>Anne Eglash MD, IBCLC, FABM</i>
1:30-1:45pm	Break
1:45-2:45pm	Evaluation of Nipple and Breast Pain- Case Based Learning- <i>Katrina Mitchell MD, IBCLC, PMH-C</i>
2:45-3:00pm	Break
3:00-4:00pm	That's In My Kitchen! - Foods and Herbs as Galactogogues and Lactation Suppressants- <i>Anne Eglash MD, IBCLC, FABM</i>