

Expanding Horizons in Breastfeeding and Lactation Support Webinar

Presented by



IABLE
Institute for the Advancement
of Breastfeeding &
Lactation Education

With Instructors

Anne Eglash MD, IBCLC, FABM
Katrina Mitchell MD, IBCLC, PMH-C
JoAnn Allen MSN, RnC-MNN, IBCLC

Friday, April 14th, 2023
8:30am – 4:00pm CST

This course will be conducted via webinar

Registration: <https://lacted.org/exhzn202304>

Participants Will Be Able to Meet the Following Learning Outcome:

Attendees will gain knowledge and confidence in evidence based care for breastfeeding problems that frequently arise related to breast pump use, low milk production, peripartum mood and anxiety disorders, racial inequity, breast pain, and herbal use during lactation.

Continuing Education Credits

This course has been allocated **6 (L) CERP**s recognized by IBLCE. Long Term Provider #117-04.

The AAFP has reviewed Expanding Horizons in Breastfeeding and Lactation, and deemed it acceptable **for 6 Prescribed AAFP credits**. Term of approval is from 04/14/2023 to 04/13/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)[™] toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

According to the American Nurses Credentialing Center (ANCC), the continuing education hours approved by the AAFP and AMA PRA Category 1 Credits[™] meet the requirement of formally approved continuing education hours and may be used as such for ANCC Certification renewal. <https://www.nursingworld.org/certification/faqs/>

Cancellation Policy: Full refund up to 2 weeks before course. 50% refund for less than 2 weeks before course.

This course is beneficial for individuals who provide counseling and care management of lactating dyads.

Event Details

Schedule

The course will be held from 8:30am – 4:00pm CST on Friday, April 14th, 2023. You will be able to log into the webinar beginning at 8:20am. We plan to start promptly at 8:30am CST.

Webinar

The course will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the event.

Instructors

Anne Eglash MD, IBCLC, FABM

Katrina Mitchell MD, IBCLC, PMH-C

JoAnn Allen MSN, RnC-MNN, IBCLC

Resources

We have setup a web page to provide downloadable lecture notes, an agenda, and other details about the event. You will receive a link to this page in your email upon registration. It will also be linked from your IABLE Account orders page.

Agenda follows on next page.

If you have any questions, please [contact us via our website](#).

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Friday, April 14, 2023. 8:30am-4:00pm CST

Agenda

Morning Session

8:15-8:30am	Introductions
8:30-9:30am	Top Research Articles for 2022- <i>Anne Eglash MD, IBCLC, FABM</i>
9:30-10:30am	Prenatal Counseling for the Parent with a History of Low Milk Production- <i>Anne Eglash MD, IBCLC, FABM</i>
10:30-10:45am	Break
10:45-11:45am	Peripartum Mood and Anxiety Disorders <i>Katrina Mitchell MD, IBCLC, PMH-C</i>

11:45am-12:45pm - Lunch

Afternoon Session

12:45-1:45pm	Changing the Narrative to Improve Equitable Care while Supporting the Power of Breastfeeding in Black Communities <i>Jo Ann Allen MSN RNC-MMN, IBCLC</i>
1:45-2:45pm	That's in My Kitchen- Foods and Herbs as Galactogogues and Lactation Suppressants- <i>Anne Eglash MD, IBCLC, FABM</i>
2:45-3:00pm	Break
3:00-4:00pm	Evaluation of Nipple and Breast Pain- Case Based Learning- <i>Katrina Mitchell MD, IBCLC, PMH-C</i>