

# Outpatient Breastfeeding Champion<sup>SM</sup> Webinar

*presented by*



**IABLE**  
Institute for the Advancement  
of Breastfeeding &  
Lactation Education

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*with instructors*

**Anne Eglash MD, IBCLC, FABM  
and Elizabeth Rose MD, IBCLC, FAAP, FABM**

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**Tuesdays, February 14, 21, 28, & March 7, 2023  
8:00am – 12:00pm CST Each Day**

**This Course will be Conducted Online**

Register at <https://lacted.org/shop/obc202302>

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## **Participants Will Be Able to Meet the Following Learning Outcome:**

Attendees will gain knowledge and confidence in evidence-based care for common lactation questions and concerns.

## **Continuing Education Credits**

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**CMEs:** The AAFP has reviewed The Outpatient Breastfeeding Champion Course and deemed it acceptable for up to 14.50 Live AAFP Prescribed credits. Term of Approval is from 02/14/2023 to 02/13/2024. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

AAFP Prescribed credit is accepted by the American Medical Association as equivalent to AMA PRA Category 1 credit(s)<sup>TM</sup> toward the AMA Physician's Recognition Award. When applying for the AMA PRA, Prescribed credit earned must be reported as Prescribed, not as Category 1.

**RNs:** All state boards for nursing licensure approve of educational offerings that are approved by the American Nursing Credentialing Center (ANCC). According to ANCC Certification, the continuing education hours approved by the AAFP and AMA PRA Category 1 Credits<sup>TM</sup> meet the requirement of formally approved continuing education hours and may be used as such for ANCC Certification renewal.  
<https://www.nursingworld.org/certification/faqs/>

**CERPs:** This course has been allocated a maximum of 14.5 (L) Continuing Education Recognition Points (CERPs) by IBLCE. CERPs approval #CLT117-04.

**CPEUs:** The Commission on Dietetic Registration has awarded Prior Approval of 14.5 CPEUs for Activity No. 172718 Suggested Performance Indicator(s) 4.1.2; 8.2.1; and 9.3.3.

**Cancellation Policy: Full refund minus a \$35 fee up to 2 weeks before course.  
50% refund for less than 2 weeks before course.**

\*This course is beneficial for RNs, APNs, dietitians, physicians, physician assistants, nurse practitioners, speech therapists, occupational therapists, physical therapists, health professional students and others who provide clinical lactation support.

# Event Details

## **Schedule**

The training will be held from 8:00am – 12:00pm CST on Tuesdays, February 14, 21, 28, and March 7, 2023. You will be able to log into the webinar beginning at 7:55am. We plan to start promptly at 8:00am.

## **Webinar**

The course will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the course.

## **Misc**

Please have a doll or a stuffed animal to practice latch and positioning on the first day of the Outpatient Breastfeeding Champion Training Course.

## **Instructors**

Anne Eglash MD, IBCLC, FABM

Elizabeth Rose MD, IBCLC, FAAP, FABM

## **Lecture Notes and Webinar Resources**

We have setup a web page to provide downloadable lecture notes, worksheets, an agenda, and other details about the event. You will receive a link to this page in your email upon registration. It will also be linked from your IABLE Account orders page.

## **Curriculum Booklet**

A full color curriculum booklet will be provided for the course and mailed to the address provided during registration. This booklet does not substitute for the PowerPoint lecture notes. It is designed to be used as a desk reference, for individuals who are providing telephone support, or for those who provide home visitation.

Please see the agenda on the next page.



## Outpatient Breastfeeding Champion<sup>SM</sup> Course Agenda

Tuesdays, February 14, 21, 28 & March 7, 2023. 8:00am – 12:00pm CST.

### Feb 14th

8:00-9:30am	Session 1	Components of Breastmilk, Risks of not Breastfeeding, Contra-indications, Prenatal Counseling, Counseling the Mother
9:30-9:45	Break	
9:45-12:00pm	Session 2	Anatomy of Lactating Breast, Physiology of Milk Production, Positioning and Defining a Feeding

### Feb 21st

8:00-9:45am	Session 3	Getting off to a Great Start, Support the First Week
9:45-10:00	Break	
10:00-12:00	Session 4	Sore Nipples and Breasts in the Lactating Woman

### Feb 28th

8:00-9:45am	Session 5	Slow Weight Gain, Low Milk Supply
9:45-10:00	Break	
10:00-11:00	Session 5	Slow Weight Gain, Low Milk Supply
11:00-12:00	Session 6	Non-latching Baby, Baby who is Fussy at breast, Complementary Feeding, Weaning

### March 7th

8:00-9:00am	Session 6	Non-latching Baby, Baby who is Fussy at breast, Complementary Feeding, Weaning
9:00-10:00	Session 7	Manual Breast Expression, Breast Pumps, Milk Storage, Return to Work
10:00-10:15	Break	
10:15-10:45	Demo	Pump Demonstration
10:45-12:00	Session 8	Maternal Medications & Breastfeeding, Cases in Counseling Breastfeeding Mothers

