

Unlocking the Mysteries of Human Lactation:

Effectiveness of Fertility Awareness-Based Methods for Pregnancy Prevention During the Postpartum Period

Presented by:



IABLE

Institute for the Advancement
of Breastfeeding &
Lactation Education

with instructor

Rachel Peragallo Urrutia MD

Wednesday, January 18, 2022

12:00 – 1:00 pm CDT

This Lecture will be Conducted Online

Reserve Your Seat to Attend Live or Access the Recording

Recording will be available for 2 weeks

Register at <https://lacted.org/research202301>

Participants Will Be Able to Meet the Following Learning Outcomes:

- 1) Describe fertility awareness-based methods of contraception
- 2) Explain the lactation amenorrhea method and its limitations in the USA
- 3) Outline the evidence for the effectiveness of fertility awareness methods postpartum for lactating and nonlactating individuals

Continuing Education Credits

IBCLC: This course has been allocated 1(L) CERP recognized by IBLCE. Long Term Provider #117-04.

CME: The AAFP has reviewed Unlocking the Mysteries of Human Lactation; A Research to Practice Series, and deemed it acceptable for 1 CME AAFP credits. Term of approval is from 08/28/2022 to 08/27/2023. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Cancellation Policy: Full refund up to 2 weeks before lecture.
50% refund for less than 2 weeks before lecture.**

*This course is beneficial for RNs, APNs, dietitians, physicians, physician assistants, nurse practitioners, speech therapists, occupational therapists, physical therapists, health professional students and others who provide clinical lactation support.

Event Details

Schedule

The lecture will be held from 12:00 – 1:00pm CDT on Wednesday, January 18, 2022. You will be able to log into the webinar beginning at 11:50am. We plan to start promptly at 12:00pm.

Webinar

The lecture will be conducted online. You will receive an invitation with a link and instructions upon registration and a reminder email about a week before the lecture.

Instructor

Rachel Peragallo Urrutia MD

If you have any questions, please [contact us via our website](#).