

One-Day Primary Care Breastfeeding Medicine Course for Physicians and Other Providers *

presented by



IABLE
Institute for the Advancement
of Breastfeeding &
Lactation Education



New Mexico
Breastfeeding Task Force

With Instructors

Anne Eglash MD, IBCLC, FABM
Sophie Peterson MD
Autumn Stevenson MD, IBCLC

Saturday, November 9, 2019

8:30-5 PM

Location:

Mountain View Regional Medical Center
Mountain View Senior Amigos Building

3948 E. Lohman Avenue
Las Cruces, New Mexico 88011

Cost: \$50.00

Registration: <https://lacted.org/product/lascruces201911/>

Following the Training

Participants Will Be Able to Meet the Learning Outcome:

Attendees will self-report gain in knowledge and confidence in evidence-based care for common breastfeeding questions and concerns.

Cancellation Policy: Full refund up to 2 weeks before course. 50% refund for less than 2 weeks before course.

* This training program is beneficial for RNs, medical office staff, physicians and other providers, pharmacists, public health nurses, doulas, midwives, home visitors, WIC peer counselors, nutritionists, LLL Leaders, health professional students and others who help mothers breastfeed.

Event Details

Schedule

The training will be held from 8:30-5:00 PM.

Please arrive between 8:00-8:30 AM to sign in, and get comfortable for the day's activities. We plan to start promptly at 8:30 AM.

Location

The course will be held at:

Mountain View Regional Medical Center, Senior Amigos Bldg.

3948 E. Lohman Ave.

Las Cruces NM 88011

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Parking

Free parking is available in visitor lot.

Meals

Refreshments, light breakfast and lunch will be provided.

Misc.

A room to pump will be available. Please bring a pen and a water bottle.

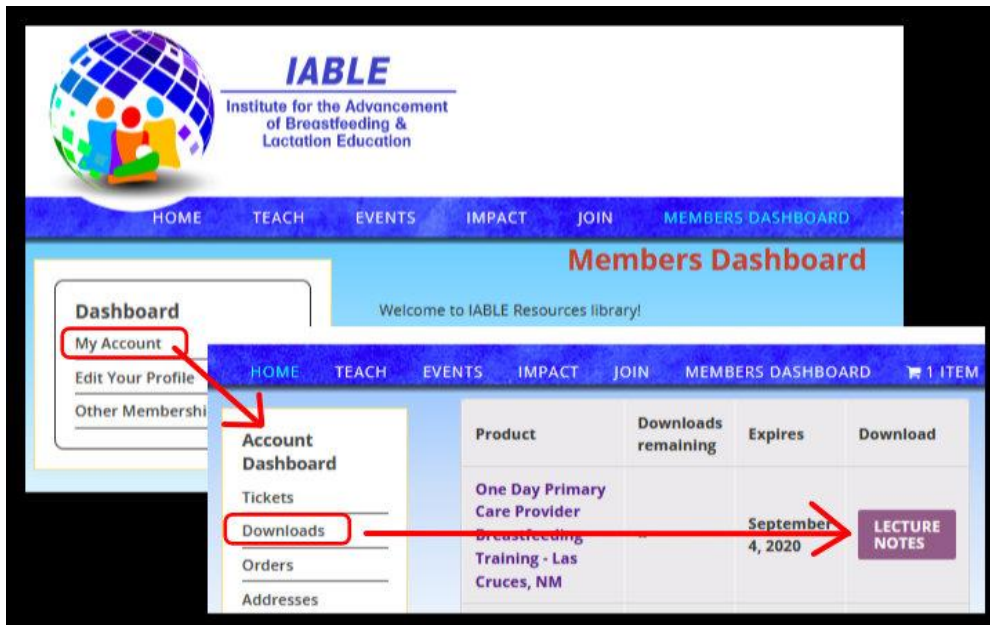
Lecture Notes

A PDF document containing pictures of all of the slides in the PowerPoints is available. It is approximately 70 pages.

This document can be downloaded from your dashboard when you login at the IABLE website:

<https://lacted.org/my-account>. We recommend that you print the lecture notes and use them for taking notes during the course. You can [login to your dashboard](#) using the email or username and password that you used when you registered for the course. An email with login instructions was sent upon registration.

After logging in, your lecture notes can be downloaded by clicking "My Account" and then "Downloads".



Curriculum Booklet

Each trainee will receive a copy of *The Little Green Book of Breastfeeding Management for Physicians and Other Healthcare Providers*.

IABLE Membership

The Institute for the Advancement of Breastfeeding and Lactation Education is a non-profit membership organization dedicated to building and supporting Breastfeeding-Knowledgeable Medical Systems and Communities. We provide a number of resources to our members. These include our Triage Tools, Breastfeeding Education Handouts, Video Library and email-based Discussion Group. Upon completion of your training you will receive a 3-year membership to IABLE. Your certificate will be available after you complete an online evaluation. Membership information will follow within 2 weeks of completion of the evaluation.

We will send a reminder email about 1 week before the course.

Accreditation

RN: This activity has been submitted to WNA CEAP for approval to award contact hours. Wisconsin Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

CME: This Live activity, Breastfeeding Medicine Basics for Physicians and other Providers, from 03/11/2019 - 03/11/2020, has been reviewed and is acceptable for up to 6.75 Prescribed credit(s) by the American Academy of Family Physicians. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

IBCLC: This course has been allocated 6.75 (L) Continuing Education Recognition Points (CERPs) by IBLCE. CERPs approval #CLT117-04.

Agenda follows on next page.

If you have any questions, please [contact us via our website](#)

1 Day Primary Care Breastfeeding Medicine Course for Physicians and Other Providers

Las Cruces, NM - Agenda

Saturday, November 9 , 2019

Morning Session

- 8:00-8:30 - Registration
- 8:30-8:45 - Introductions
- 8:45-9:00 - Session 1 - Components of Breastmilk, Risks of not Breastfeeding
- 9:00-10:00 - Session 2 - Policies, Demographics, Anatomy and Physiology, Prenatal Counseling
- 10:00-10:15 - Break
- 10:15-10:45 - Session 3 - Latch and Positioning
- 10:45-11:45 - Session 4 - Breastfeeding in the Immediate Postpartum Period

11:45-12:45 - Lunch

Afternoon Session

- 12:45-1:15 - Session 5 - The First Week Postpartum
- 1:15-2:15 - Session 6 - Sore Nipples and Breast Pain
- 2:15-3:15 - Session 7 - Low Milk Supply
- 3:15-3:30 - Break
- 3:30-4:00 - Session 8 - Medications
- 4:00-4:15 - Session 9 - Hyperlactation
- 4:15-4:45 - Session 10 - Pump Technology
- 4:45-5:00 - Session 11 - Weaning
- 5:00-5:15 - Evaluation

