



# Milk It for All It's Worth



## Across

2. Fat-soluble vit.
4. A low amount of this in breastmilk can decrease infant's appetite
5. Kind of chocolate
8. Silver or plastic option for day 1
11. Infant feeding cup used in India
14. Its higher during pregnancy than lactation
17. OB tongs
18. Gradually decrease
19. A Haakaa creates it
20. Wool grease
24. Breastfeeding researcher and mom of Ed and Warren
27. It provides 50% of the caloric energy in breastmilk
28. Hot udder
29. It can be single or double
30. Country w/lowest breastfeeding rates

## Down

1. \_\_\_\_ Labbok of CGBI
3. Infant's first place after birth
6. It can have progesterone or not
7. Audrey \_\_\_\_ of Wellstart
9. Most mammals can make one
10. It stimulates myoepithelial cells
12. Headquartered in IL
13. Upchuck
15. Recently revised by WHO
16. Cause of infant gulping
21. Premies illness prevented by human milk
22. Dominant gut flora in breastfed babe \_\_\_\_ bacteria
23. AKA prolactin inhibiting factor
25. Fish and LCs have these
26. They prevent disease