# Breastfeeding Basics\*

# presented by





Monday, August 24<sup>th</sup>, 2020 8:30 am - 5:00 pm

# This Training will be Conducted Online

Participants will be given a link to login.

Register at https://lacted.org/shop/ks1day202008
Cost: \$110.00

# Participants Will Be Able to Meet the Following Learning Outcome:

Attendees will demonstrate basic breastfeeding knowledge through evidence-based care of common breastfeeding questions and concerns, including protection of breastfeeding when referring for advance lactation support.

# **Continuing Education Credits**

# Nurses (RN/APRN/LPN)

**Breastfeeding Basics** course is approved for 6.25 nursing contact hours by the University of Kansas Health System, an accredited provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. To receive credit you must attend the program in its entirety and complete the online program evaluation provided by the University of Kansas Health System.

## Lactation Support Providers (IBCLC/CLC)

**Breastfeeding Basics** course has been allocated 6.5 (L) Continuing Education Recognition Points (CERPs) by the International Board of Lactation Consultant Examiners (IBLCE). Approval # CLT117-04. IABLE is an approved Long-Term Provider by IBCLE.

# Dietitians (RD)

**Breastfeeding Basics** course has been approved for 7.5 continuing education clock hours for Kansas licensed dietitians by the Kansas Department for Aging and Disability Services. Long-Term Sponsorship number: D1382 (LTS is KDHE-BFH-Nutrition and WIC Services)

# **Evaluation and Completion Certificate**

You will receive a link to an online evaluation survey from the KBC withing 24 hours of completion of the course. Your certificate of completion will be available to download at the end of the evaluation survey. You will have two weeks after the course to complete the evaluation and access your certificate.

# This is the ONLY way to obtain a certificate of completion.

Nurses – you will receive an additional online evaluation survey from the University of Kansas Hospital System. Upon completion of this survey, you will be able to download your certificate of completion with nursing contact hours.

\* This training program is beneficial for RNs, medical office staff, physicians and other providers, pharmacists, public health nurses, doulas, midwives, home visitors, WIC peer counselors, nutritionists, LLL Leaders, health professional students and others who help mothers breastfeed.

# **Event Details**

# Schedule

Breastfeeding Basics Monday, August 24 from 8:30am - 5:00pm

The agenda can be viewed here - http://ksbreastfeeding.org/breastfeeding-basics/

Participants will need a doll or stuffed animal to practice latch and positioning.

#### Webinar

The training will be conducted online. The webinar link will be provided to you by email from the Kansas Breastfeeding Coalition (KBC) the week before the class. Please join from a device with a microphone and camera to allow full participation in class activities.

#### Instructor

Vanessa Flood

## **Lecture Notes**

A PDF document of the slides can be downloaded from your IABLE Membership dashboard when you login at the IABLE website: https://lacted.org/wp-login.php. You can login to your dashboard using the email or username and password that you used when you registered for the course. An email was sent upon registration with login instructions and a direct link to the lecture notes. Please print the lecture notes in advance if you would like to take notes on the slides during the training. Hard copies of the slides will NOT be provided the day of the course.



#### **Curriculum Booklet**

A full color curriculum booklet is available from IABLE. This is used as a reference after the training and is complimented by the lectures slides. More information on purchasing the book will be available in the near future.

# **IABLE & KBC Memberships**

Upon completion of your training you will receive a 1-year membership to IABLE and a 1-year membership to the Kansas Breastfeeding Coalition. You will receive IABLE membership information within 2 weeks of the completion of the course.

The Institute for the Advancement of Breastfeeding and Lactation Education is a non-profit membership organization dedicated to building and supporting Breastfeeding-Knowledgeable Medical Systems and Communities. IABLE provides a number of resources to their members. These include Triage Tools, Breastfeeding Education Handouts, Video Library and Discussion Group.

The Kansas Breastfeeding Coalition is a non-profit organization working to promote, protect and support breastfeeding in Kansas. Information about the KBC can be found at their website.